

Are you ready for a new and improved group?

Get the whole team on board for better health. We've enhanced the Your Health Counts program to offer greater support and member level incentives right where you work. It's all part of better on-site wellness, available at no extra cost to you.

We're so passionate about great health that we want to come to your workplace and get people inspired. Moda Health has partnered with WorkWell Consultants, who will get in touch with you to schedule a visit. We'll include a full wellness coaching meeting, biometric screenings and health risk assessments (HRAs) – right at your worksite.

Employee incentives

Good health is its own reward – but we want to sweeten the deal. Each enrolled employee and spouse can participate in biometric screenings, complete their HRA and one additional activity of their choosing. Once all three are completed, the employee/spouse will qualify for a \$25 gift card.

Fast, easy health screenings

Sometimes, a single number can change everything. Our health screenings offer valuable personal information – like cholesterol levels, blood pressure and body mass index (BMI) – that can really make an impact.

Biometric screenings, personal coaching and assistance with completing the health risk assessment all take place during the same meeting, making it all easier and faster for you and participants. Members can also obtain their Bio IQ numbers from a provider and upload this information into myModa.

Get into myModa

Before your scheduled onsite wellness meeting, we recommend your employees update their myModa profile. If they don't have a myModa account, creating one is easy. With their member ID card handy, they can visit modahealth.com and follow the prompts to enter their information. Then, look for the "Momentum, powered by Moda Health" link.

Questions?

Contact your broker or your Moda Health account representative at 855-260-4526.



Inspire your group with wellness rewards you and your employees will love.